Statement of Purpose

With dynamic offenses that are always evolving to take advantage of matchups of individual players on the football field. The Tampa 2 Defense provides answers to negate the mismatches that offense try to take advantage of defenses with. This curriculum will break down the steps required to play successful defense.

Teaching this defensive system requires players to have the will to win, the will to be a great football player, and the will to prepare. The combination of a player with those attributes and the Tampa 2 defensive system will allow the defense as a whole unit to be very successful. Not only will the player learn the fundamentals of football and the Tampa 2, but it will also teach them life lessons that translate outside of the football field and into real life. When a football team can play good defense it takes a lot of pressure off the offense to produce points. Good defense allows teams to stay in games and give you a chance to win the game. When you can play winning football at the college, high school, or professional level the community will stand behind their team and support them. The younger generations in the community often look up to their favorite players. Players then become role models and come to realize that their actions are being modeled after by younger players and children. Players often learn valuable life lessons while learning this system such as team work, preparation and confidence – which, as role models, sets a good example in their community.

In order for this system to be effective, the values must be fundamentally sound. A simple way to define fundamentally sound would be paying attention to detail no matter how small the task is. Another value preached in this system would be doing your 1/11th. There are 11 men on the field for defense and the only way this defense works is if every single member of the defense does their job. Trust is a big part of the defense, trusting your teammates is critical to have successes in this defense. It is important to teach these values because they will all lead to a successful defense in turn will hopefully lead to team victories after games played.

The goal of this curriculum is to teach the Tampa 2 defensive system, provide strategies to accommodate any offensive scheme with defensive answers, and play fundamentally sound defense to help our team win games.