

## Physical Therapy for Lameness

### MANUAL THERAPY



### ELECTROTHERAPY



## WARM DOWN AND CRYOTHERAPY (COLD THERAPY)



### Rehabilitation Techniques for Lameness

#### Rehabilitation techniques

## DYNAMIC MOBILIZATION EXERCISES



To determine the range of spinal motion in different horses over time, muscle development of the back and abdomen over time, and the effect on conformation

- Motion analysis, still photography and real-time ultrasonography are used to measure these changes

## MOBILITY AND STABILITY

Chin to Chest



Chin to Knees



Chin to Fetlocks



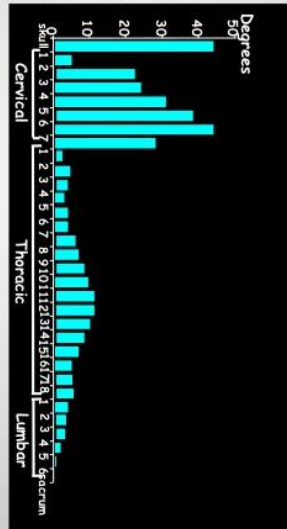
Mobilization with movement: nothing is forced

## MOBILISATION-INDIVIDUAL VARIATION



# LATERAL BENDING

coupled with flexion and rotation



## Core strengthening combined exercises

Combined rounding responses

Thoracic → Lumbar → Pelvis



**Balancing/stability exercises**  
**Destabilisation techniques: weight shifts**



Pelvic stability: Biceps femoris